Stage: Semester Beginning

## LOOKING TOWARD THE NEW YEAR

This break was certainly one of the most relaxing breaks I have ever had in my educational career. Junior year was really been taking a toll on me mentally and this break was necessary to reboot my brain to be ready for the next semester. The week before the break was quite relaxing for ISM. I was able to complete my final assignments, which were the original work reflection and the peer reviews, early in the week, which showed progress in my time management skills. This break, I mainly just relaxed and truly enjoyed the holiday season, which is by far my favorite time of the year, as I'm sure it is for many. I was able to visit Austin as well, as I do pretty much every year, to see some family and friends and to visit some Austin landmarks (all while following the COVID safety guidelines of course). I am completely renewed and ready to start the new year.

This upcoming week, I aim to choose my mentor and to ask them if they will accept my request for them to be my mentor for the rest of this semester. I also aim to begin preparing for creating the physical prototype of my original work project. I will also revise my digital portfolio to update it for the new year and will review all of my goals for this year that I had set for myself before the break in order to keep them in mind. Last semester in ISM was extremely enriching and useful. I accomplished more than I ever thought I could and overcame obstacles that I never have before. I truly surprised myself and I hope to do the same in this upcoming semester.

This upcoming semester, my goal is to intensify my knowledge of my career path and to maximize my understanding of interventional radiology. I want to research almost everything that there is to interventional radiology and its procedures and I want to speak to more professionals to gain even more perspectives into the career path and to get more advice on my original work project. I also aim to make the most out of the rest of this difficult year to tune my time management skills for medical school, since senior year won't challenge me as much. I want to make the most out of the rest of this year and to accomplish even more than I did last semester. This year will be great.

