Weekly Report 1/11/21 - 1/17/21

TAKING AN EXTRA STEP

This past week, I was able to do a lot of external research in addition to the article that was assessed this week. Also, I had a scheduled meeting with my mentor, but it was rescheduled due to a last-minute problem.

The amount of research done this week was significantly higher than the amount done in previous weeks. The primary reason was to complete a career portfolio for my HOSA - Future Health Professional club about interventional radiology. Even though the research done was for HOSA, I still gained a lot of new knowledge about interventional radiology which can prove useful in future ISM activities and research. Additionally, last week's extra research can act as a precedent for future weeks where I aim to do lots of extra research in order to accelerate my learning. Furthermore, for my project, I was assigned the task of showcasing a skill performed by an interventional radiologist within their work setting. Essentially, I was supposed to simulate a medical procedure at home using common appliances. This was a difficult challenge, since I needed to watch many videos and to analyze many articles depicting the exact process of the procedure that I chose to simulate. Eventually, after lots of research, I was able to simulate the procedure successfully. The experience itself increased my understanding of my career field and made me more aware of what it is like to do an actual IR procedure. This procedure also gave me ideas of how to adapt my Final Product to help in this particular procedure. Overall, this advanced my knowledge of interventional radiology that can be translated in future ISM activities.

Additionally, I had a scheduled meeting with Dr. Kim where he was supposed to show me how to simulate the medical procedure that I completed this week as well as for me to ask him to be my mentor. However, I received news that one of my golf teammates needed to quarantine due to close contact with a COVID-19 patient, so I needed to cancel my meeting with Dr. Kim to protect hospital patients from potentially being exposed to COVID-19 due to my visit. I was able to express a level of morality and maturity by passing up on an opportunity to visit the hospital in order to protect others, which was important for me to see myself do.

Next week, I aim to continue the pattern of doing extra research that I set for myself this week as well as to ask Dr. Kim over the phone to be my mentor. I am thoroughly enjoying this semester this far and am thankful for another week of growth.