

# COMPILING MY RESEARCH FOR THE FIRST TIME

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While my time-management overall has gotten better, I still struggled a little bit with completing my ISM research presentation in time to get enough sleep. These past two weeks, including the break, I completed my research presentation and presented it in front of my classmates, showcasing all of my ISM research that I have done so far. I was impressed with the amount of research that I did and very much enjoyed putting it all into this presentation and preparing for it. I spent lots of time thinking about what I would say and how much information to put on the slides, which I struggled with. This presentation took much longer than I anticipated, which forced me into a 1:00 AM bedtime. Luckily, I was still awake and alert for my presentation since I decided to wake up a little later than normal. I had to practice countless times, thinking about what I would say and remembering every bit of research that I had done so far, which was difficult because I had done so much. However, I was overall extremely pleased with my performance in the presentation and how my audience appeared to respond.

Going more in-depth on my presentation, I ended up putting a smaller amount of information on my presentation tool and conveyed most of my information through my words. I just let the information in my head smoothly flow out of my mouth and I was successful in explaining all of my research. I am surprised at my progress in my speaking abilities, especially with an audience. I am pleased with my growth throughout ISM so far and look forward to my future progress in the rest of this semester and in the spring semester.

Overall, these past two weeks definitely taught me something about how I need to organize my time and how I need to start long-term projects much earlier. I only started preparing two days in advance for my presentation and that came back to bite me. But, the amount of preparation that I did was significant enough to make sure that my presentation was good and that it successfully summed up all of my research thus far. Future research for the next assessment will be about the transjugular liver biopsy procedure that Dr. Linnan Tang informed me about and recommended that I study. I will also take action on starting long-term projects earlier.

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## Weekly Report

11/15/20 - 11/29/20