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# Weekly Report

9/21/20-9/27/20

*Stage: Research*

## RESEARCH AND PROGRESSION

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To sum up this past week, I completed 2 research assessments and my final resume. I really learned how to craft a successful resume through peer review and drastically improved upon my rough draft. I am getting an idea of what real, professional work should look like and how I can improve my resume with new experiences and activities. Additionally, I am noticing drastic improvement on my research assessments as they are getting easier and easier and taking less time to complete.

I also completed my official topic proposal over interventional radiology. I am was happy to cement it as my official ISM topic for this year as my interest in ISM is growing as I do more research. I am so excited to do more research and to start getting out into the field and interacting with professionals.

This week, I want to note that my efficiency was top-notch as I completed assignments quicker than before as I am getting better at getting quality work done in little time. Also, my procrastination is progressing, and although it is still bad, I am noting improvement with earlier bedtimes and new techniques, such as the Pomodoro method, keeping me on track. Next week, I aim to brainstorm a super creative original project idea that will blow people away. I have brainstormed some this week, but that will be the main focus of next week.